

Academic Curriculum Vitae

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Research interests

Emergency care - Teaching and learning concepts - Pain management - Nursing concepts



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Education

<u>Year</u>	<u>Degree</u>	<u>Institution</u>	<u>Location</u>
1987	Bachelor's degree	Iran University of Medical Sciences	Iran- Tehran
1995	Master's degree	Iran University of Medical Sciences	Iran- Tehran
2015	Doctoral degree	Baqiyatullah University of Medical Sciences	Iran- Tehran



Professional Experience and Executive Positions

<u>Years</u>	<u>Position</u>	<u>Institution</u>	<u>Location</u>
1987-1989	RN	Iran University of Medical Sciences	Shafa Yahyayan Hospital
1989- until now	Faculty	Shahid Beheshti University of Medical Sciences	School of Nursing & Midwifery



Research- Publications

- 1-Zohari Anboohi S .Coping skills in parents of children with cancer 1376. Journal of Special Diseases. 1997
- 2-Ilkhani M, Zohari Anboohi S. Investigating the mental image of women after mastectomy in women referring to Imam Khomeini and Imam Hossein Hospital clinics in Tehran in 1383. Shahid Beheshti School of Nursing and Midwifery Quarterly. Summer 2004.
- 3-Khazae N, Atashzade Shoride F ,Zohari Anboohi S .Comparison of pain intensity, drug leakage and blood in intramuscular injection with two Z and normal methods in patients referred to Shahid Beheshti Medical Sciences Clinics and Healthcare Services. 1380. Shahid Beheshti School of Nursing and Midwifery Quarterly. Summer 2004;14(45)
- 4-Zohari Anboohi S, Khatoni M , Abed Saeedi A Z.H., Alavi A H, Majd, Yaghmaie . A F. The Problems of main caregivers of Alzheimer patients referring to Alzheimer Association in Tehran. Journal of Nursing and Midwifery Quarterly-Shaheed Beheshti University of Medical Sciences and Health Services. 2006;16(53):64-72 [Persian].
- 5-Nikravan, M, Moradi F, Maleki M, Alavi Majd H, Zohari Anboohi S. Comparing clinical manifestations of myocardial infarction (MI) between men and women at CCUs of hospitals affiliated to Shaheed Beheshti Medical University. J Advances in Nursing & Midwifery. 2007;17(58): 45-49[Persian].



- 6-Zohari, S, Nikravan M. The effect of composing model on level of cognition and function of nursing students in clinical training. *Journal of Nursing and Midwifery Quarterly-Shaheed Beheshti University of Medical Sciences and Health Services*. 2008. ; 60 [Persian].
- 7-Zohari-Anbuhi, S; Nikravan-Mofrad, M; A Pazargadi, M. Effects of an educational system on conception and skills of nursing students in clinical training. *J Advances in Nursing & Midwifery*. 2008; 17(60): 5-14
- 8- Bathaei, S, Ashktorab T, Zohari Anbuhi S, Alavi Majd H, Ezati, J. Personal factors contributing to readmission of patients with congestive heart failure. *J Crit Care Nurs*.2009 ;2(3): 109-12[Persian].
- 9- Khatoni M, Zohari Anboohi S. A survey on communicative problems between elders with Alzheimer disease and their family care givers. *Journal Iranian Journal of Ageing*. 2010; 5(3) ; 0-0 [Persian].
- 10- Mokhtari Nouri J, Zohari S, Yaghmai F, Ebadi A, Yoldashkhan M. Study of factors relation to internet use with usage of internet by teachers according to theory of reasoned action. *Iranian Journal of Nursing Research*. 2011;5(19) [Persian].
- 11-AshktorabT, Zohari Anbuhi S, Alavi Majd H, Ezati J .Factors contributing to readmission of congestive heart failure patients admitted in internal ward of hospitals of Shahid Beheshti University of Medical Sciences in Tehran. *Journal Advances in Nursing & Midwifery*. 2011; 20(72): 19-24[Persian].
- 12- Ashktorab T, Esmaili Zabihi R,Banaderakhshan H, Zayeri F, Zohari Anbuhi S. Correlation between self-concept according to roy adaptation model with adherence to therapeutic regimen in hypertensive outpatients who attended in one of hospitals



affiliated to Urmia university of medical sciences and health services. *J Advances in Nursing & Midwifery*.2012; 20(73), 7–11. Retrieved from <https://journals.sbm.ac.ir/en-jnm/article/view/2820>

13- Bathaei S A, Ashktorab T, Zohari Anbuhi S, Ezati Z, Alavi Majd H. Use of Logistic Regression Model in Surveying Effective Causes of Readmission in Patients with Congestive Heart Failure. *Qom Univ Med Sci J* 2012; 6 (1) :61-66
URL: <http://journal.muq.ac.ir/article-1-574-en.html>

14- Yoldashkhan M, Nazemi L, Zohari S, Nasiri N. Effect of oral gastric tube insertion during anesthesia induction on nausea and vomiting of adenotonsillectomized patients. *Journal Advances in Nursing & Midwifery*. 2012; 21(76): 28-34 [Persian].

15- Gooya H H, Zohari Anbohi S, Moghadam M. Emotional intelligence and its correlation with some demographic variables in the clinical nurses working in Kurdistan University Hospitals in 2010. *Scientific Journal of Kurdistan University of Medical Sciences*. 2012; 17(1) [Persian].

16- Bagheri Saveh MI, Ashektorab T, Borz Abadi Farahani Z, Zayeri, F, Zohari Anboohi, S. The relationship between self-efficacy and self-care behaviours in chronic heart failure. *Journal Advances in Nursing and Midwifery*. 2013; 22(78): 17-26 [Persian].

17- Nikravan-Mofrad M, Zohari Anboohi S. The effect of simulation training method on enabling student nurses in advanced pre-hospital operation. *J Iranian Journal of Cardiovascular Nursing* .2013;1940:32-38.URL: <http://journal.icns.org.ir/article-1-103-en.html>

18- Mofrad MN, Anboohi SZ. Measures to achieve active learning in large classes, using the workshop method in nursing education. *Biosci Biotechnol Res Asia* [Internet]. 2013;10(2):731–8. Available from: <http://dx.doi.org/10.13005/bbra/1189>



- 19- Zohari Anboohi S, Mosavian S J, Mohtashami J, Nasiri M. The Relationship between emotional intelligence and mental health of nursing students at Shahid Beheshti University of Medical Sciences in 2013 . SJNMP 2016; 2 (2) :9-21
- 20- Zohari Anboohi S, Pazargadi M, Ebadi A, Zaghari M. The evaluation of the human dimension in the nursing curriculum: a qualitative study. J Qual Res Health Sci 2015; 3(1): 35-49.
- 21-Salimian S, Esmail R, Dabirian A, Mansoorin S, Zohari Anboohi S. The survey of factors related to self-efficacy based on Orem's theory in patients with coronary artery bypass surgery in Tehran in 2014.J Advances in Nursing & Midwifery. 2015;25(90): 9-16
- 22- Zohari Anboohi S, Pazargadi M, zaghari M, Ebadi A.(First author). The Role of Student in Curriculum of Iran Bachelor of Nursing: Qualitative Study. Int. J. Rev. Life. Sci. 2015; 5(4): 1329-1336
- 23- Naderiravesh N, Bahadoram S, Shiri H, Zohari Anbohi S, Khodakarim S, Hasanian Langroudi F. Examining the correlation of adherence to warfarin therapy with demographic characteristic. Iran J Crit Care Nurs (IJCCN) .2015;8(2):103-108.
- 24- Mirbastegan N, Yoldashkhan M, Mojab F, Fallahzadeh H, Shiri H, Zohari Anboohi S. Effect of Aloe Vera mouthwash on dental plaque index in patients with endotracheal tube hospitalized in intensive care unite.International Journal of Advanced Biotechnology and Research.2016;7(3): 2299-2305 <http://www.bipublication.com>



- 25-Parvaresh Masoud M, Yoldashkhan M, Zohari Anboohi S, Shakeri N, Kashani Nejad M, Bagheri MJ, Chavoshi M, Asayesh H. The revised telephonic triage of new jersey and conventional method of triage by emergency medical dispatchers of Qom emergency medical services, Iran, in 2012: A comparative investigation. *Crit Care Nurs J*.2016;9(3).
- 26- Golestan F, Ashktorab T, Zohari Anboohi S, Mohtashami J, Salmani F. Professional self-concept in Nurses working in intensive cares unit in hospitals affiliated to medical sciences universities of Tehran in 2014. *Advances in Nursing & Midwifery*. 2016; 25(90): 39–46. Retrieved from <https://journals.sbm.ac.ir/en-jnm/article/view/11585>
- 27- Sharifiyana M, Zohari S, Dabirian A, Alavi H. Evaluation of participation in clinical decision making by nurses in selected hospitals of shahid beheshti university of medical sciences. *Nursing and Midwifery Journal* 2016; 13 (11) :928-934. URL: <http://unmf.umsu.ac.ir/article-1-1923-en.html>
- 28- Hasanpour, Zohari Anbohi S, Safari Mahdi, Naderiravesh N, Khodakaram, Soheila. Factor Associated Nurses' Lifestyles in Nurses of Tehran Hospital in 2012. *Journal Advances in Nursing & Midwifery*.2016;25(91):65-73[Persian].
- 29- Parvaresh Masoud M, Yoldashkhan M, Zohari Anboohi S, Shakeri N, Kashani Nejad M, Bagheri MJ, et al. The Revised Telephonic Triage of New Jersey and Conventional Method of Triage by Emergency Medical Dispatchers of Qom Emergency Medical Services, Iran, in 2012: A comparative investigation. *Crit Care Nurs* [Internet]. 2016;In Press(In Press). Available from: <http://dx.doi.org/10.17795/ccn-7876>
- 30- Rahmanipour E, Niroumand Zandi K, Borhani F, Zohari Anboohi,S.(Fourth author).Nursing and Midwifery Faculty Member Perception of Ethical Workplace Climate.*Research Journal of Medical Sciences*. 2016. 10(4). 394-398



- 31- Mohtashami J, Zohari Anboohi,S. The effectiveness of life skills training on mental health of seafarers. *International Journal of Advanced Biotechnology and Research (IJBR)*2016 ;7(5):895-1901 <http://www.bipublication.com>
- 32- Zohari Anboohi S, Mosavian SJ, Mohtashami J, Nasiri M. The Relationship between emotional intelligence and mental health of nursing students at Shahid Beheshti University of Medical Sciences in 2013. *Scientific Journal of Nursing, Midwifery and Paramedical Faculty [Internet]*. 2016;2(2):9–21. Available from: <http://dx.doi.org/10.29252/sjnmp.2.2.9>
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- 34- Hosseini, M, Borhani, F, Maleki, M, Ahmadi, F, Zohari-Anboohi S. Relationship Between Perceived Social Support and Autonomy and Participation among Patients with Spinal Cord Injuries. *Research Journal of Medical Sciences*, 2017;9(4): 399-405. DOI: 10.36478/rjmsci.2016.399.405.URL: <https://medwelljournals.com/abstract/?doi=rjmsci.2016.399.405>
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- 36- Akbari M, Zohari-Anboohi S, Borzabadi-Farahani Z, Nasiri M, Esteki. Comparing the Life Styles of Patients with and without Nonalcoholic Fatty Liver Disease Referring to Hospitals Affiliated to Medical Sciences Universities in Tehran in 2016”, *Pharmacophore*,2017 8(6S), e-1173627 (ISI)



- 37- Boozaripour M, Karimi Z, Zohari Anboohi,S , Almasi-Hashiani A, Borhani F .An Investigation of Psychosocial aspect of Iranian Nursing Students' Clinical Setting. *World Family Medicine Journal*. 2017; 15(9):193-199
- 38- Jahanshahi, Sarabi AG, Borhani, F, Zohari Anboohi S,Nasiri M. The correlation between the clinical competency and empathy of nurses: Case study, Intensive Care Units of the educational hospitals of Kerman Medical Sciences University, Iran. *Annals of Tropical Medicine and Public Health*. 2017;10(3) DO - 10.4103/ATMPH.ATMPH_233_17
- 39- Boozaripour M, Karimi Z, Zohari Anbohi S. An investigation of psychosocial aspect of Iranian nursing students' clinical setting. *World Fam Med J/Middle East J Fam Med* [Internet]. 2017;15(9):193–9. Available from: <http://dx.doi.org/10.5742/mewfm.2017.93124>
- 40 -Ayaregar M, Hosseini M, Shakeri N, Ashktorab T, Zohari Anbouhi S. The effect of stretching exercises on the severity of restless legs syndrome symptoms in patients with multiple sclerosis . *Journal of Hayat* 2017; 23 (1) :7-16
URL: <http://hayat.tums.ac.ir/article-1-1689-en.html>
- 41- Shouryabi AA, Ghahrisarabi A, Zohari-Anboohi S, Nasiri M, Rassouli M. Psychometric properties of the Persian version of the Intensive and Critical Care Nursing Competence Scale version-1 (ICCN-CS-1). *Electron Physician* [Internet]. 2017;9(11):5785–92. Available from: <http://dx.doi.org/10.19082/5785>
- 42- Robotmili, A, Zohari Anboohi S, Shirin Abady Farahani F, Nasiri M. Effect of Providing Ostomy Care Education to Mothers of Neonates with Peristomal Skin Complications. *Advances in Nursing & Midwifery*. 2018 , 27(4), 6–10. Retrieved from <https://journals.sbm.ac.ir/en-jnm/article/view/17205>



- 43- Khoshgoyan, M., Zohari Anboohi, S., PourShirvani, A., & Nasiri, M. Effect of Time Management Training on Lifestyle of Nurses Working at General Surgery Wards of Hospitals in Sari Affiliated to Mazandaran University of Medical Sciences, 2016. *Advances in Nursing & Midwifery*. 2018;28(1):26–34. Retrieved from <https://journals.sbmu.ac.ir/en-jnm/article/view/17852>
- 44- Akbari M, Zohari-Anboohi S, Borzabadi-Farahani Z, Nasiri M, Esteki. Comparison of body mass index and waist circumference of patients with and without nonalcoholic fatty liver in Tehran. *Immunopathol Persa* [Internet]. 2018;4(2):e30–e30. Available from: <http://dx.doi.org/10.15171/ipp.2018.30>
- 45- Hatef Partovi L, Zohari Anboohi S, Barzabadi Farahani Z, Mansouri S. Comparison of acute coronary syndrome patients with anxiety regarding comorbidity diseases, history of hospitalization, type of disease and treatment in coronary care unit. *Journal of Preventive Epidemiology*. 2018;3(2):e07.
- 46- Soleimani F, Zohari Anboohi, S, Esmaeili R, Pourhoseinghol MA, Borhani F. (Corresponding Author) Person-centered Nursing to Improve Treatment Regimen Adherence in Patients with Myocardial Infarction. *Journal of Clinical and Diagnostic Research*. 2018 Jan, 12(1): LC01-LC04.
- 47- Akbari M, Zohari-Anboohi S, Borzabadi-Farahani Z, Nasiri M, Esteki T. Comparison of body mass index and waist circumference of patients with and without nonalcoholic fatty liver in Tehran. *Immunopathol Persa*. 2018;4(2):e30. DOI:10.15171/ipp.2018.30.
- 48- Hatef Partovi L, Zohari Anboohi S, Barzabadi Farahani Z, Mansoor S. Effect of family presence on anxiety of acute Coronary Syndrome patients at Cardiac care unit. *J Adv Pharm Edu Res*. 2019;9(S2):93-96.



- 49- Etemadi F, Zohari Anboohi S, Borhani F, Daneshmandi E, Abaaszadeh A. The effect of clinical education on the level of clinical skills of Nursing students. *Journal of Advanced Pharmacy Education & Research*. 2019;9(S2)
- 50- Ghaedrahamt M, Zohari Anboohi S, Borhani F, Gholami Chaboki B. Relationship between resiliency and self-efficacy in patients with acute Coronary Syndrome admitted to intensive care units. *J Adv Pharm Edu Res* 2019;9(S2):147-151
- 51- Gharaee R, Zohari Anboohi S, Shiri H, Nasiri M. Comparison of Triage Effectiveness Based on ESI and HEART Scale in Diagnosis of Outcome in Patients with Chest Pain. *J Babol Univ Med Sci* 2019; 21 (1) :299-305
- 52- Barzgaran R, Borzabadi Farahani Z, Zohari Anboohi S, Shaarbaef Eidgahi E. Investigating the Correlation of Nurses' Compassion Fatigue with Quality of Nursing Care from Patients Admitted to the Emergency Department of the Selected Hospitals of Shahid Beheshti University of Medical Sciences in 2017-2018. *Journal of International Pharmaceutical Research*. 2019 ; (6): 85-94,
- 53- Gharaee R, Zohari Anboohi S, Saghi N, Nasiri M, Attarroshan Y, Yaghubi M, et al. Comparison of effects of aromatherapy with orange and Citrus aurantium extracts on sleep quality in patients with acute coronary syndrome admitted in the CCU. *Faṣlnāmah-giyāhān-dārūyī* [Internet]. 2020;19(74):220–8. Available from: <http://dx.doi.org/10.29252/jmp.19.74.220>
- 54- Mafakheri, S., Zohari Anboohi, S., Borhani, F., Kazemi, E. Studying the Correlation of Nurses Cultural Competency and patient Satisfaction in intensive care unit of hospitals affiliated to Kurdistan University of Medical Sciences in 2018. *Arch Pharma Pract* 2020;11(S1):161-8.



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- 55- Gheshlaghi PA, Farahani ZB, Anboohi SZ, Nasiri M, Ziapour A, Garosi VH. Effect of family presence on pain and anxiety levels among patients during invasive nursing procedures in an emergency department at a public hospital in Western Iran. *Afr J Emerg Med* [Internet]. 2021;11(1):31–6. Available from: <http://dx.doi.org/10.1016/j.afjem.2020.11.003>
- 56- Mozafari M, , Zohari Anboohi S, Ghasemi E, Safarpour H, Anvary R, et al. The knowledge of Emergency Medical Technicians of prehospital care intensity index of spinal cord trauma in Ilam Province, Iran. *Health Emerg Disasters Q* [Internet]. 2021;6(3):139–46. Available from: <http://dx.doi.org/10.32598/hdq.6.3.203.2>
- 57- Najafi Z, Abbaszadeh A, Vaezi H, Rassouli M, Mirhaghi A, Zohari Anboohi S. Hospital triage standards: A qualitative study and content analysis based on experts' experiences in Iran. *Frontiers in Emergency Medicine* [Internet]. 2021; Available from: <http://dx.doi.org/10.18502/fem.v5i4.6695>
- 58- Zeydani A, Atashzadeh-Shoorideh F, Abdi F, Hosseini M, Zohari-Anboohi S, Skerrett V. Effect of community-based education on undergraduate nursing students' skills: a systematic review. *BMC Nurs* [Internet]. 2021;20(1):233. Available from: <http://dx.doi.org/10.1186/s12912-021-00755-4>
- 59- Ghaedraamt M, Zohari Anboohi S, Borhani F, Gholami Chaboki B. The relationship between spiritual intelligence and self-efficacy in patients with acute coronary syndrome admitted to cardiac care unit. *Iranian Journal of Cardiovascular Nursing* .2021;10(1);120-127 URL: <http://journal.icns.org.ir/article-1-707-en.html>
- 60- Amini S M, Yoldashkhan M, Zohari Anboohi S, Nasiri, M, Mousavi, Z, Amini, SM. Assessing the effectiveness of ketorolac in pain management of traumatic injuries in prehospital emergency care services. *Journal of Emergency Practice and Trauma*, 2022; 8(1): 8-12. doi: 10.34172/jept.2021.0



- 61- Poorkhorshidi, N., Zohari Anboohi, S., Mohtashami, J. and Alavi Majd, H..Iranian family caregivers of autistic children: the experience of stigma, *Advances in Autism*. 2023; 9(1): 19-28. <https://doi.org/10.1108/AIA-08-2021-0037>
- 62- Khajoei R, Ilkhani M, Azadeh P, Zohari Anboohi S, Heshmati Nabavi F. Breast cancer survivors-supportive care needs: systematic review. *BMJ Support Palliat Care* [Internet]. 2023;13(2):143–53. Available from: <http://dx.doi.org/10.1136/spcare-2022-003931>
- 63- Atashzadeh-Shoorideh F, Zeydani A, Hosseini M, Zohari-Anboohi S. Explaining of existing challenges of community-based undergraduate nursing education in Iran: a qualitative study. *BMC Med Educ* [Internet]. 2023;23(1):492. Available from: <http://dx.doi.org/10.1186/s12909-023-04484-x>
- 64- Piri S, Bayat Safavi Z, Mohammadi Yousefnejad S N, Zohari Anboohi S, Pourhoseingholi MA, Shafiee, Sh .Effect of the rehabilitation program on the fatigue of patients with coronary artery diseases.*J Social Determinants of Health*. 2023; 9(1)

Books

Year	Authors	Title	Publication Company
1388	Sima Zohari Anboohi Malahat Nikravan	Textbook of nursing care in cardiovascular disorders (Compiled)	Nordanash Publications
1385- 1386	Sima Zohari Anboohi Malahat Nikravan Foroozan Atashzade Shoride	The ten-volume crisis nursing (Compiled)	Nordanash Publications
1387	Sima Zohari Anboohi Malahat Nikravan	Emergency and first aid for nurses (Translation)	Golban Publications
1386	Sima Zohari Anboohi , etal	Black and Hooks, 7th edition, 2005 (medical surgical nursing II) (Translation)	Jameh Negar publishing
1386	Sima Zohari Anboohi , etal	Marlowe & Wong Pediatric Nursing (Translation)	Golban Publications
1384	Sima Zohari Anboohi , etal	Nursing Care Planning Guide Ulrich (Translation)	Golban Publications
1383	Sima Zohari Anboohi , etal	Nursing textbook of medical surgical diseases VII (genital and breast disorders) Lakman (Translation)	Ayez publications
1382	Sima Zohari Anboohi , etal	principles of patient care Dugas (Translation)	Gulban Publications